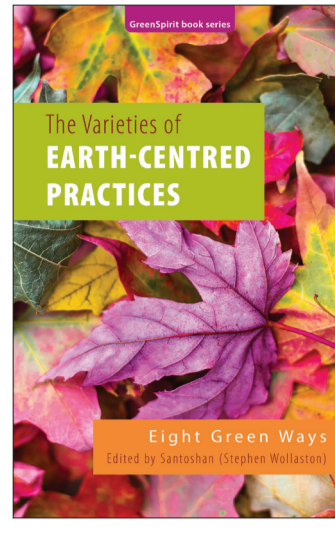


**ABOUT THE CONTRIBUTORS**

**Richard Adams** has a longstanding interest in appropriate technology, education and holistic herbal medicine. He helped to establish Europe's first BSc honours degree in Herbal Medicine. Richard lives and practises Herbal Medicine in London, England. He enjoys hill walking, music making and the theatre.

In response to his heartfelt need to think differently, from his conditioned thinking, about the natural world, he is exploring an Earth-centred consciousness that engages people's hearts and minds, creatively, with Mother Nature. He finds that new values, morals and ethics emerge from such adventures which, in turn, inform his actions in the world.

Richard first came across GreenSpirit in the mid-1990s at St James's Church, Piccadilly, London, when informally researching the life of William Blake. He finds GreenSpirit to be a stimulating and nurturing community that engages with issues relevant to the human and other than human communities.



**Chris Holmes's** conversion to a green ethos was gradual but thorough. He worked for nearly three decades in the financial markets, and as Director of a large City institution was instrumental in the introduction and development of 'green' investment funds – one of the few activities he feels good about during this period! Since leaving the financial sector in the mid-1990s he has spent his time in voluntary work and developing a range of eco-related interests.

His hobbies include walking, running, tennis, playing guitar, the Christian contemplative tradition and retreat movement, local history and the poetry of John Clare. Chris is married to Jill, also a 'greenspiter', and lives in Surrey. He has been involved with GreenSpirit for 25 years and on the Council for most of that time. He says: "It is home for me emotionally, intellectually and spiritually. I feel blessed to be part of this movement." He is also involved with the Green Party, Garden Organic, the John Clare Society, the Thomas Merton Society among others.

**Marian Van Eyk McCain:** Formerly a transpersonal psychotherapist/workshop leader/health educator with an MA in East-West Psychology, Marian officially 'retired' in 1996 to concentrate on her writing. She is the author of two books on women and ageing, two on downshifting/simple living, one on self-therapy, and two works of fiction. In 2010 she edited the anthology *GreenSpirit: Path to a New Consciousness*, and has contributed, both as author and editor, to the GreenSpirit Book Series and *GreenSpirit* magazine. She was a columnist for *Crone Magazine* and editor of the *Elderwoman Newsletter*. As well as writing essays and articles on a wide range of subjects, Marian also has a background as a blogger. She started an online social network for elderwomen and enjoyed interacting with network members from around the world. Her other interests are Permaculture, hiking, reading, word games and travel.

Marian lives in rural North Devon with her American partner Sky and spends part of each year in Europe and the USA. They have four children and eight grandchildren. She has been a member of GreenSpirit for many years.

**Ian Mowll** is GreenSpirit's Coordinator and many people's first point of contact with the organization. It is a role that he loves. He is also one of the editors of *GreenSpirit* magazine and has edited books in the GreenSpirit Book Series.

Ian's career started with computing in the financial markets, followed by charity/social enterprise work and now he is more and more involved in spiritual development.

Some of the things he loves to do are: cooking, storytelling, 5Rhythms dancing and having ideas. He lives in Stratford, East London.

Ian has been involved in GreenSpirit since 1999 and sees it as his spiritual home. He says: "Finding GreenSpirit was the first time I found somewhere where I truly felt I could be spiritually 'me' without having to pretend. When joining GreenSpirit, occasionally people use the phrase 'welcome home' – a phrase that feels good to me." He is also involved with the OneSpirit Interfaith Foundation and is an independent celebrant.

**Hilary Norton** lives in East London. Her four children are grown up but apart from one son in Japan, they live nearby. She is an active grandparent. She loves being in the East End and cycles most places. Hilary believes strongly in making cities greener places to be, so supports the London Wildlife Trust, Woodcraft Folk, sustainable architecture, allotment gardening and other local green initiatives. She sings in, and helps to run, a local community choir.

Hilary has played a key role in GreenSpirit since the mid-1990s. As well as serving on Council, she runs a local GreenSpirit group in Stratford and organises some zoom meetings for GreenSpirit, and in person: both the annual GreenSpirit walking holiday/retreat and Wild Week in Snowdonia.

**Piers Warren** is an author, conservationist, film-maker, activist, cook and veganic veg-grower living in the UK. He is also a regular features contributor to *GreenSpirit* magazine.

He is well known throughout the wildlife film-making industry as the Principal of WILDEYE – the International School of Wildlife Film-making, which he founded in 1999. With a strong background in biology, education and conservation, he has had a lifelong passion for wildlife films and has a wide knowledge of natural history. He is one of the founders of the international organisation Filmmakers for Conservation and was Vice President for the first three years. Wildeye Publishing have become the leading producers of instructional wildlife film-making books in the world.

Although Piers has written books and many magazine articles on a wide range of subjects, he is also known for writing the highly-acclaimed supernatural thriller *Black Shuck: The Devil's Dog* (shortlisted for the East Anglia Book Awards and Norfolk Magazine's Book of the Month). He is keen to promote organic principles and permaculture techniques, sustainability, veganism and green-thinking. His best-selling books are in these fields including the co-production with his daughter, Ella Bee Glendining, *The Vegan Cook & Gardener*. He has had a passionate interest in self-sufficiency since childhood and currently lives in Sussex where he grows his own food.

**Stephen Wollaston** was given the name **Santoshan** (contentment) by an English swami in the mid-90s. He is a Psychosynthesis counsellor, OneSpirit Interfaith Foundation minister, professional graphic designer, writer, teacher and musician. He holds a BA honours degree in religious studies and a postgraduate certificate in religious education from King's College London. In the late 70s he was the principal bass guitarist of one of London's first punk rock bands, The Wasps. Additionally, he has helped war refugees and long-term unemployed students with English language skills and was an academic writing coordinator at a medical university in the Middle East for four years.

He is the current Chair of GreenSpirit's Publications Committee, is the main typographic designer of *GreenSpirit* magazine and the GreenSpirit Book Series, and has edited and contributed to titles in the Series. He began writing when a close friend, UK medium Glyn Edwards, asked him to collaborate on an extensive development manual with him. Since then, he has authored, coauthored and edited over a dozen books on different areas of Eastern and Western spirituality, including *Spirituality Unveiled: Awakening to Creative Life*; *Rivers of Green Wisdom: Exploring Christian and Yogic Earth-Centred Spirituality*; and *Realms of Wondrous Gifts: Psychic, Mediumistic and Miraculous Powers in the Great Mystical and Wisdom Traditions*, which assesses different traditions and experiences.

Santoshan aka Stephen Wollaston  
editor of *The Varieties of Earth-Centred Practices*

